

Cutaneous $\gamma\delta$ T-Cell Lymphomas—How and Why Should They Be Recognized?

IN THIS issue of the ARCHIVES, Toro and coworkers¹ report the clinicopathologic features of 3 adult male patients with cutaneous $\gamma\delta$ T-cell lymphomas (CTCLs) involving the skin. These patients were distinguished by multiple plaques, tumors, and subcutaneous nodules distributed over their extremities. The lesions showed histologic evidence of epidermotropism, dermal and subcutaneous infiltration by atypical lymphocytes without cerebriform nuclei. The tumor cells had a distinct immunophenotype expressing the $\gamma\delta$ T-cell receptor (TCR) heterodimer instead of the more common $\alpha\beta$ TCR heterodimer. In addition, the tumor cells had a cytotoxic profile, expressing T-cell intracellular antigen 1 (TIA-1), granzyme B, and perforin. Importantly, all 3 patients with $\gamma\delta$ CTCL had an aggressive clinical course with resistance to various chemotherapies. Similar results have been reported in the literature for patients with this uncommon type of lymphoma.²⁻⁵

See also page 1024

Because of its poor prognosis and resistance to chemotherapy and radiation, it is important to distinguish $\gamma\delta$ CTCLs from mycosis fungoides (MF) and other forms of CTCL. Clinically, the presence of scaling lesions on the extremities may cause confusion with MF, but the presence of subcutaneous nodules is useful to distinguish $\gamma\delta$ CTCL from MF. The presence of epidermotropism with a bandlike superficial dermal infiltrate in these 3 cases of $\gamma\delta$ CTCL is similar to the histologic pattern of MF, but the lack of cerebriform cells and Pautrier microabscesses distinguishes $\gamma\delta$ CTCL from MF. Finally, the immunophenotype of tumor cells lacking CD4 and expressing the TCR γ and TCR δ chain proteins would be exceptional for MF, in which the tumor cells have a CD4⁺ $\alpha\beta$ phenotype in the large majority of cases.⁶

There is some overlap of these 3 $\gamma\delta$ CTCL cases with the variant of MF derived from CD8⁺ cytotoxic T cells, which can have an aggressive clinical course.^{7,8} Patients with the aggressive CD8⁺ variant of MF have nodular ulcerative lesions with marked epidermotropism of tumor cells. However, unlike the current cases of $\gamma\delta$ CTCL, a pagetoid pattern of epidermal infiltration is characteristic of aggressive CD8⁺ MF. Moreover, the clinical involvement of palms, soles, and oral mucosa observed in aggressive CD8⁺ MF was not observed in these 3 cases of $\gamma\delta$ CTCLs.

The distinction of the $\gamma\delta$ CTCLs reported herein from subcutaneous panniculitis-like T-cell lymphomas

(SPTCLs) is less clear. The presence of subcutaneous nodules is a common feature of both disorders.^{1-5,9} Histologically, involvement of the subcutis is the hallmark of SPTCL, whereas it was described in only 1 of these 3 cases of $\gamma\delta$ CTCL and in nearly one half of $\gamma\delta$ CTCLs reported in the literature (see Table 1, Toro et al). Toro et al did not observe the rimming of fat spaces by the neoplastic T cells, characteristic of SPTCL, in any of their 3 cases of $\gamma\delta$ CTCL. This description is somewhat at variance with our experience; we observed rimming of fat spaces by atypical cells in 7 cases of SPTCL (unpublished data, 2000).¹⁰

The predominant clinical feature of deep-seated ulcerating lesions exposing the underlying fat is seen in both $\gamma\delta$ CTCL and SPTCL. Another common feature of these disorders is the hemophagocytic syndrome with resulting pancytopenia, which is a life-threatening complication of SPTCL and present in more than one quarter of $\gamma\delta$ CTCLs reported in the literature (see Table 1, Toro et al). Burg and colleagues² described a patient with $\gamma\delta$ CTCL in whom the hemophagocytic syndrome was attributed to interferon gamma secreted by the neoplastic cells. We also described the hemophagocytic syndrome in a patient with $\gamma\delta$ CTCL who had panniculitic lesions with rimming of fat spaces by neoplastic cells.¹⁰

As reported by Toro et al, a moderate degree of dermal involvement and epidermotropism or exocytosis of individual cells can be observed in $\gamma\delta$ CTCL (unpublished data). In our experience, this can be coexistent with other typical features of SPTCL. However, the epidermal component appears to be more common in SPTCL with a $\gamma\delta$ phenotype, rather than an $\alpha\beta$ phenotype, of the neoplastic cells. This may correspond to the normal distribution and physiological features of $\gamma\delta$ T cells.¹¹

Cutaneous $\gamma\delta$ T-cell lymphomas appear to represent a clonal expansion of $\gamma\delta$ T cells, which normally reside in the skin and express the TCR δ variable region 2 (V δ 2) gene. In contrast, hepatosplenic $\gamma\delta$ T-cell lymphomas express the V δ 1 gene, corresponding to the predominance of normal T cells expressing V δ 1 in the spleen.

In hepatosplenic $\gamma\delta$ T-cell lymphomas, 2 recurrent chromosomal abnormalities have been observed: isochromosome 7q and trisomy 8 (8+).¹²⁻¹⁴ No similar cytogenetic findings have yet been reported in primary $\gamma\delta$ CTCL.

The cause of $\gamma\delta$ CTCL is unknown. Toro et al did not detect Epstein-Barr viral RNA in any of the 3 cases they studied. Epstein-Barr virus has not been detected in SPTCL either. A similar experience was recorded by the European Organization for Research and Treatment

of Cancer (EORTC) Cutaneous Lymphoma Study Group (unpublished data, 2000). Toro et al suggest that long-term antigen stimulation may play a role in the cause of $\gamma\delta$ CTCL.

The immunophenotype of $\gamma\delta$ CTCL appears to have prognostic significance. Panniculitis-like T-cell lymphomas with an $\alpha\beta$ phenotype have a variable prognosis. Most cases are clinically aggressive, similar to $\gamma\delta$ CTCLs. However, a minority of $\alpha\beta$ SPTCLs have an indolent, sometimes spontaneously remitting course.¹⁵ Additional cases of $\gamma\delta$ CTCL will have to be studied to determine if the prognosis is uniformly poor for this rare phenotype.

Cutaneous $\gamma\delta$ T-cell lymphomas also should be distinguished from cutaneous natural killer (NK) cell lymphomas, which have a prominent dermal and subcutaneous component. These primary cutaneous NK cell lymphomas occur most often in men older than 50 years and present with multiple plaques that are resistant to chemotherapy.¹⁶⁻¹⁸ These cases can be accompanied by a myeloproliferative disorder, myelodysplasia, or a leukemic phase of the NK cell lymphoma.^{17,18} The NK tumor cells are generally larger than those of $\gamma\delta$ CTCLs, have a CD56⁺ phenotype, and are commonly CD4⁺, which is exceptional for $\gamma\delta$ CTCLs.

Toro et al suggest that $\gamma\delta$ CTCL should be included in the category of peripheral T-cell lymphomas, not otherwise specified, in the Revised European-American Lymphoma (REAL)¹⁹ Classification. In my opinion, these $\gamma\delta$ CTCLs deserve special recognition, although they may not fit into the current classification schemes for systemic lymphomas. It has already been suggested that the REAL Classification may not be adequate to encompass all cutaneous lymphomas that appear to have distinctive biological features, clinical course, and prognosis when compared with systemic lymphomas.³ For example, follicular center cell lymphomas in the skin generally are localized tumors that lack the bcl-2 oncoprotein characteristic of systemic follicular lymphomas.²⁰⁻²² They recur locally without systemic spread, whereas systemic or nodal follicular center cell lymphomas are generally widely disseminated tumors involving the bone marrow. Primary cutaneous CD30⁺ lymphomas are also distinctive from their systemic counterpart. The systemic CD30⁺ lymphomas occur predominantly in children and are associated with a recurrent translocation, t(2;5)(p23;q25), with resultant expression of an anaplastic lymphoma kinase oncoprotein that drives the proliferation of the neoplastic cells.²³⁻²⁶ The primary cutaneous CD30⁺ lymphomas almost always lack the anaplastic lymphoma kinase oncoprotein, occur mainly in adults, and have a much more favorable prognosis than systemic CD30⁺ lymphomas.²⁷⁻³⁰ Certainly, hepatosplenic $\gamma\delta$ T-cell lymphomas have proven to be distinct from other peripheral T-cell lymphomas in clinical course, histopathological features, cause, and prognosis.^{5,9,12-14,19} Thus, it is likely that a distinct group of primary $\gamma\delta$ CTCLs will emerge as a clinicopathologic entity with a specific chromosomal or molecular genetic marker involved in the pathogenesis. Such cases will have to be distinguished from SPTCL, pagetoid reticulosis, and MF with a $\gamma\delta$ phenotype.³¹⁻³³ Hopefully, distinction of different subtypes of primary $\gamma\delta$ CTCLs will lead to a bet-

ter understanding of their pathophysiological features and result in more effective therapy.

Marshall E. Kadin, MD
Department of Pathology
Beth Israel Deaconess Medical Center and
Harvard Medical School
330 Brookline Ave
Boston, MA 02215
(e-mail: mkadin@caregroup.harvard.edu)

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